

NAME: \_\_\_\_\_

**ST. JOHN LUTHERAN CHURCH CONFIRMATION**  
**THE SACRAMENT OF THE ALTAR**  
**The Power of The Sacrament of the Altar, III**  
**How to Receive it Worthily, IV**  
**Lesson 9: (L9) Year 2 (8th Grade)**

After completing this lesson, the student will:

- \*Be able to share what is the power of the Sacrament of the Altar.
- \*Know that one receives the benefit of the Sacrament only by faith.
- \*Can explain what receiving the Sacrament worthily and unworthily means.
- \*Memorizes the three ways to examine oneself before receiving The Sacrament.
- \*Know the four reasons for a person who is NOT to receive The Sacrament.
- \*Can share two key parts of Confirmation.
- \*Memorize Matthew 10:32-33, Bible verse #973.

1. Introduction:

Watch video: (Parents are to meet with students during instruction with this commandment).

2. All students will get a cup/wafer card.
3. Gather a large cross. Who did Christ die for? (All) How much did that cost? Free. How does one get that forgiveness and blessing of the cross? (Means of Grace). Get three strings long enough to go to a student's table. What are the means God comes to us? (The Word, Baptism and Holy Communion). Write those on a card, tape a string to the card. Give the card to tables and then tape the strings it to the cross. God comes to us through the means of grace. We learned this in our lessons with Baptism and Confession and Office of the keys. And this will be the same with our learning of the Lord's Supper.

III. THE POWER OF THE SACRAMENT OF THE ALTAR:

4. On p. 239, Write out "How can Bodily eating and drinking do such great things?" Write it out twice below.  
The do #5, Choose 4 out of 5, (6.....7.....8.....9.....10) Circle the ones you will do!

5. Go to pp. 239, and question #297, “How can forgiveness, life and salvation be obtained through bodily eating and drinking?” Go to the top of p. 240 for the clear answer.
  - A. What puts the gifts into the Sacrament?
  - B. How does the believer receive them?
  
  - C. Answer question #298 on p. 240, “Does everyone who eats and drinks the Sacrament also receive forgiveness, life and salvation?”
    1. What three things are offered to all who eat the Lord’s body and blood?
  
  
  
  
  
  
  
  
  
  
    2. Only through what can a person receive these blessings?
  
- D. *Note:* (p. 240) What does it mean to ‘keep or obey God’s Word of promise?’
  
  
  
  
  
  
  
  
  
  
- E. *Bible Narrative:* (p. 240) What do Matthew 9:20-22, 27-29, tell us about ‘touching Jesus?’

#### IV. HOW TO RECEIVE THE SACRAMENT WORTHILY:

6. Write out twice below, the ‘box’ which answers, “Who receives this Sacrament worthily?” Found on p. 241.

7. On p. 241, answer question #299, "Why is it important to receive the Sacrament worthily?"
- A. What does Paul say about a person who eats and drinks unworthily or eats and drinks without discerning? Write two things.
- B. On p. 341, question #300, "Is it necessary to fast before receiving the Sacrament?"
1. Yes? Or No? What is fasting? What can fasting do for a person?
- C. On p. 242, question #301, "When do we receive the Sacrament worthily?"
1. Who do we have faith in?
  2. Which words do we focus on of Christ's?
- D. On p. 242, question #302, "When is a person unworthy and unprepared?"
1. Write two words in association with Christ's words.
  2. What do the words "For you" require?
8. On pp. 242-243, "How are we to examine ourselves before receiving the Sacrament?"
- A. Write the three ways below.

B. Fill in the Bible verses, go to pp. 242-243 in Your "Small Catechism."

#958, Ps. 38:18, "I \_\_\_\_\_ my \_\_\_\_\_; I am sorry for my \_\_\_\_\_."

#961, 2 Cor. 13:5, "\_\_\_\_\_ yourselves, to \_\_\_\_\_ whether \_\_\_\_\_ are in the \_\_\_\_\_ . Test \_\_\_\_\_."

#962, Eph. 4:22-24, "To \_\_\_\_\_ off your \_\_\_\_\_ self, which \_\_\_\_\_ to your former \_\_\_\_\_ of life and is \_\_\_\_\_ through \_\_\_\_\_ desires, and to be \_\_\_\_\_ in the spirit of your \_\_\_\_\_, and to \_\_\_\_\_ on the new \_\_\_\_\_ created after the \_\_\_\_\_ of God in \_\_\_\_\_ righteousness and \_\_\_\_\_."

9. On p. 243, Question #304, "May those who are weak in the faith come to the Lord's Table?" Yes? or No? What was the purpose of Christ instituting the Sacrament?

A. On p. 243-244, answer question #305, "Who must not be given the Sacrament?"

1. List the four groups.

2. Note: List three groups that have responsibility of those admitted to the Lord's Table. Who has the greatest responsibility?

10. On p. 244 to 245, answer the last question in the Catechism, question #306, "What is Confirmation?"

A. It is a period of \_\_\_\_\_ to help baptized Christians \_\_\_\_\_ with the life and \_\_\_\_\_ of the Christian \_\_\_\_\_.

B. Note: What does the rite of Confirmation provide for a Baptized Christian to do?

C. How long does that pledge last?

D. Write out Bible verse #973, Matthew 10:32-33 below and memorize it!

E. What will your confirmation mean to you? Go to pp. 275 to 283 in the back of your Catechism, draw one symbol that represents the meaning of faith to you below.