

NAME: \_\_\_\_\_

**ST. JOHN LUTHERAN CHURCH CONFIRMATION**  
**THE SACRAMENT OF THE ALTAR**  
**The Benefit of The Sacrament of the Altar**  
**Lesson 8: (L8) Year 2 (8th Grade)**

After completing this lesson, the student will:

- \*Share four benefits of receiving this Sacrament.
- \*Tell how communion is just not a 'private' blessing.
- \*Explain on when forgiveness is present, so is life and eternal life.
- \*Can interpret the meaning of communion hymns when they speak of the blessings of communion and the communion being communal.
- \*Grow in hope, faith and confidence that this Sacrament blesses them.

1. Introduction:

Watch video: (Parents are to meet with students during instruction with this commandment).

2. All students will get a cup/wafer card.
3. Gather a large cross. Who did Christ die for? (All) How much did that cost? Free. How does one get that forgiveness and blessing of the cross? (Means of Grace). Get three strings long enough to go to a student's table. What are the means God comes to us? (The Word, Baptism and Holy Communion). Write those on a card, tape a string to the card. Give the card to tables and then tape the strings it to the cross. God comes to us through the means of grace. We learned this in our lessons with Baptism and Confession and Office of the keys. And this will be the same with our learning of the Lord's Supper.
4. On p. 237, Write out "What is the benefit of this eating and drinking?" Write it out twice below.  
The do #5, Choose 4 out of 5, (6.....7.....8.....9.....10) Circle the ones you will do!

5. Go to pp. 237-238, and question #296, "What is the benefit offered in the Sacrament?" List specifically the four Benefits.

A.

B.

C.

D.

E. On your communion cup write out the four benefits.

6. Fill in these Bible verses:

944, Matthew 26:28, "This is \_\_\_\_\_ blood of the \_\_\_\_\_, which is poured out for many for the \_\_\_\_\_ of sins."

947, 1 John 1:7, "The blood of \_\_\_\_\_ His Son cleanses us from all \_\_\_\_\_."

948, Romans 6:8-9, "If we \_\_\_\_\_ died with Christ, we \_\_\_\_\_ that we will also \_\_\_\_\_ with Him. We know that \_\_\_\_\_, being raised from the \_\_\_\_\_ will never die \_\_\_\_\_ again; death no longer has \_\_\_\_\_ over \_\_\_\_\_."

951, 1 Peter 2:24, "He \_\_\_\_\_ bore our \_\_\_\_\_ in His \_\_\_\_\_ on the \_\_\_\_\_, that we might \_\_\_\_\_ to sin and \_\_\_\_\_ to \_\_\_\_\_ . By His \_\_\_\_\_ you have been \_\_\_\_\_."

952, 1 Cor. 10:17, "\_\_\_\_\_ there is one \_\_\_\_\_, we who are \_\_\_\_\_ are one \_\_\_\_\_ for we all \_\_\_\_\_ of the one \_\_\_\_\_."

7. The great Lutheran Theologian Werner Elert said that, "Many people believe confession and absolution are something we do together and communion is something we do privately." When the opposite is true." React, "Is this correct or false?" Share why?

- A. How do we take communion together?
- B. What are things that the church does during the communion section of our service that demonstrates the communion is something we do together?

8. True or False:

- A. \_\_\_\_\_ Communion is something we do for God.
- B. \_\_\_\_\_ Communion is what God does for us.
- C. \_\_\_\_\_ We receive this Sacrament out of habit and tradition.
- D. \_\_\_\_\_ This Sacrament brings us the blessings of the Risen Christ.
- E. \_\_\_\_\_ When a person is forgiven they have life and life eternal.
- F. \_\_\_\_\_ Communion is done privately, just between one a person and God.
- G. \_\_\_\_\_ We are one body in Christ, so communion is done with believers!
- H. \_\_\_\_\_ Communion is a confession of what we believe.
- I. \_\_\_\_\_ Communion gives us strength to live a godly life.

9. Communion Hymns:

LSB, #637, "Draw Near and Take the Body of the Lord."

- 1. "Draw near and take the body of the Lord, And drink the holy blood for your outpoured; Offered was He for greatest and for least, Himself the victim and Himself the feast."
- 3. "Come forward then with faithful hearts sincere, And take the pledges of salvation here, O Lord our hearts with grateful thanks endow As in this feast of love You bless us now."
  - A. With a red pen/marker circle the words/thoughts that share the blessing of the Lord's Supper.
  - B. With a blue pen/marker circle the words/thoughts that share how communion is a blessing that we receive together as a body.

LSB, #623, "Lord Jesus Christ, We Humbly Pray."

- 1. "Lord Jesus Christ, we humbly pray that we may feast on you today, Beneath these forms of break and wine, enrich us with your grace divine."
- 2. "Give us who share this wondrous food, Your body and broken and your blood, The grateful peace of sins forgiven, the certain joys of heirs of heaven."
- 3. "One bread, one cup one body we, Rejoicing in our unity, Proclaim your love until You come To bring your scattered loved ones home."
- 4. "Lord Jesus Christ, we humbly pray: O keep us steadfast until that day when each will be Your welcome guest in Heaven's high and holy feast."
  - A. With a red pen/marker circle the words/thoughts that share the blessing of the Lord's Supper.
  - B. With a blue pen/marker circle the words/thoughts that share how communion is a blessing that we receive together as a body.

A. Go to pp. 275-283, "**Symbols and their Meanings**," Find one symbol that deals with each aspect of the blessing of the Lord's Supper. 1) Draw the symbol. 2) Shares how that symbol ties and relates to that specific blessing of the Lord's Supper. Draw one of these symbols on your communion cup.

1. FORGIVENESS OF SINS.

2. LIFE and LIFE ETERNAL/SALVATION.

3. NEW LIFE FOR CHRIST and/or VICTORY OVER SIN AND HELL.

4. THE LORD'S SUPPER IS A UNIFIED EXPRESSION OF CHRIST AND SHOWS UNITY.

**Closing prayer**, Dear Lord, "Yet is God here? Oh Yes! By Word and promise clear, In mouth and soul He makes us whole---Christ truly present in this meal. O taste and see----the Lord is real! In Jesus name, Amen!"