

“Healing Choices: Part 1-The Reality Choice”

Romans 7: 15, 18 (NIV) ¹⁵ I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁸ For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.

- Survey

Stress	Addiction	Anger	Relationships
Fears	Regrets	Dishonesty	Painful Memories
Overwork	Diet	Need To Control	Perfectionism
Attraction	Worry	Finances	Resentment

- The cause: _____

Ezekiel 28:2 (NIV) ² “In the pride of your heart you say, “I am a god; I sit on the throne of a god....” But you are a mere mortal and not a god, though you think you are as wise as a god.

Matthew 5:3 (NIV) ³ “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

THREE STEPS IN DEVELOPING THE ATTITUDE “POOR IN SPIRIT”

1. _____ I NEED HELP (CONFESSION)

James 4:6 (NIV) ⁶ ...“God opposes the proud but shows grace to the humble.”

- The power to change is God's _____.

Proverbs 28: 13 (TEV) ¹³ You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you.

- I must admit my _____.
- I am _____ok; you are _____ok.

2. _____ GOD FOR HELP (PETITION)

11 Corinthians 1:9 (LB) “We saw how powerless we were to help ourselves: but that was good, for then we put everything into the hands of God, who alone could save us, for He can even raise the dead.”

- God's specializes in turning _____ into _____.

3. _____ HELP FROM OTHER PEOPLE (MINISTRY)

Ecclesiastes 4: 9-10 (NIV) ⁹ Two are better off than one, because together they can work more effectively. ¹⁰ If one of them falls down, the other can help him up. But if someone is alone and falls, it's just too bad, because there is no one to help him.

- 58 times in the New Testament – it uses the phrase “_____”.

James 5:16 (LB) “Admit your faults to one another and pray for each other so that you may be healed.”

- _____your feeling is the beginning of _____.

CONCLUSION: GOD HAS PROMISED TO HELP

Romans 5:6 (NCV) “When we were unable to help ourselves, at the moment of our needs, Christ died for us...”