

“WHAT I EAT AND WHAT IS EATING ME”

Introduction: Gluttony and breaking free.

THREE TRUTHS TO _____

1. Your body is 2 be treated as a _____.

I Corinthians 6:19 (NLT) “Don’t you know that your body is the temple of the Holy Spirit, who lives in you and was given to you by God.”

- Some of us need 2 _____!

2. God expects us 2 have _____.

Titus 2:12 (NLT) “And we are instructed to turn from godless living and sinful pleasures. We should live in this evil world with self-control, right conduct, and devotion to God.”

- AA: The man takes a drink; the drink takes a drink; the drink takes the man.”

3. God expects us 2 _____ our bodies.

Romans 12:1 (NLT) “And so, dear brothers and sisters, I plead with you to give your bodies to God. Let them be a living and holy sacrifice - the kind He will accept. When you think of what He has done for you, is this too much to ask?”

- Passion: Jesus sacrificed _____.

THREE BOLD FACED LIES 2 _____.

1. “Compared 2 other problems gluttony is not _____.

Ezekiel 16:49 (NLT) “Sodom’s sins were pride, laziness and gluttony...”
Ezekiel 16:49 (NASB) “Arrogance, abundant food and careless ease...”
Ezekiel 16:49 (NIV) “Arrogant, overfed, and unconcerned...”

- Too much debt, too much gambling, too many whatever... = _____

2. “All I have 2 do is _____”. (Whatever)

Jeremiah 6:13-14 (NLT) “From the least to the greatest, they trick others to get what does not belong to them. Yes, even My priests are like that! They offer superficial treatments for My people’s mortal wounds.”

- There is no _____ fix.

3. “I can do it on _____.”

Ecclesiastes 4:12 (NLT) “A person standing alone can be attacked and defeated, but 2 can stand back to back and conquer...”

- A man fell into a hole.....

ONE ATTITUDE 2 _____.

Acts 7:31(NLT) “You stubborn people! You are heathen at heart and deaf to the truth. Must you forever resist the Holy Spirit? But your ancestors did and so do you!”

- Stubborn people cause _____.

TWO VITAL CONNECTIONS 2 _____.

1. Connection with _____.

I John 4: 17-18 (NLT) "And as we live in God, our love grows more perfect. So we will not be afraid of the day of judgment, but we can face Him with confidence because we live like Jesus here in this world. Such love has no fear because perfect love expels all fear. If we are afraid, it is for fear of punishment, and this shows that we have not fully experienced His perfect love."

- Anxious moments cause people to _____.

2. Connection with your _____.

Romans 14:9 (NLT) "Let us concentrate on the things which make for harmony, and on the growth of one another's characters."

- Concentrate on _____ the church.