

THE LORD'S PRAYER: PRAYER OF DELIVERANCE

Introduction:

Matthew 6:13 (NIV) [Jesus] "This is how you should pray...lead us not into temptation but deliver us from evil."

I Corinthians 10:13 (NLT) "The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure."

FOUR STEPS IN PRAYER OF DELIVERANCE

1. IDENTIFY WHAT MAKES ME _____.

Matthew 26: 41 (NIV) "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

Four questions to ask yourself

- 1. _____ am I most tempted?
- 2. _____ am I at?
- 3. _____ is with me?
- 4. _____ benefit?

2. PLAN TO _____ IT.

Proverbs 4: 26-27 (TEV) "Plan carefully what you do...Avoid evil and walk straight ahead. Don't go one step off the right way."

- Temptation always begins with _____ desire.

If you don't want to get _____, you stay away from the _____.

3. GUARD MY _____.

Proverbs 4:23 (NLT) "Above all else, guard your heart, for it affects everything you do."

- Temptation always starts _____.

- A little heart check-up

1. Physically exhausted	0	1	2	3	4	Energetic
2. Discouraged	0	1	2	3	4	Encouraged
3. Bored	0	1	2	3	4	Challenged
4. Spiritually Dry	0	1	2	3	4	Spiritually Growing
5. Alone	0	1	2	3	4	Close to others
6. Wounded	0	1	2	3	4	Loved
7. Bitter	0	1	2	3	4	Forgiven Everyone

21-28 you are in good shape
 12-20 you are in serious danger
 0-11 you are in crisis

4. REFOCUS MY _____.

Psalm 119:6 (CEV) “Thinking about your commands will keep me from doing some foolish things.”

- Whatever you resist _____!
- Whatever gets you attention _____.
- Predictable pattern: _____, and _____.

James 1:14-15 (NLT) “Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.”

CONCLUSION

Psalm 50:15 (NIV) “Call upon me in your day of trouble I will deliver you and you will honor me.”

James 5:19-20 (The Message) “My dear friends, if you know people who have wandered off from God’s truth, don’t write them off. Go after them. Get them back and you will have rescued precious lives...”