

“PRIDE: THE SOURCE OF YOUR STRESS”

Introduction: The middle letter of sin is I.
The middle letter of pride is I.

THREE THINGS PRIDE DOES TO DAMAGE OUR LIVES

1. PRIDE CAUSES _____.

Proverbs 13:10 (NIV) “Pride only breeds quarrels.”

- The center of marriage problems is _____.

Proverbs 28:25 (KJV) “He that is of a proud heart stirs up strife.”

- Nothing stirs up strife more than _____.

Matthew 7:5 (NIV) “Take the log out of your own eye first and then you will be able to see and take the speck out of your brother’s eye.”

2. PRIDE PREVENTS PERSONAL _____.

Proverbs 11:2 (NLT) “Pride leads to disgrace, but with humility comes wisdom.”

- The moment my head starts _____, my mind stops _____.

Proverbs 10:17 (LB) “Anyone willing to be corrected is on the path way to life. Anyone refusing has lost his chance.”

- Pride keeps us _____.

3. PRIDE ANGERS _____.

Leviticus 26:19 (NIV) “ I will break down your stubborn pride and make the sky above you like iron, and the ground beneath you like bronze.”

- Pride is the sin that got _____ kicked out of heaven.
- Humility is the hallmark of _____.

I Peter 5:6 (NIV) “Humble yourselves... that He may lift you up...”

- Humility you do to _____.

THREE WAYS TO LIVE HUMBLY

1. I ADMIT MY S _____ HONESTLY.

Proverbs 28:13 (LB) “A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.”

- Grace is believing in a God of a second, a tenth, a twentieth _____.

2. I EVALUATE MY S _____ REALISTICALLY.

Romans 12:3 (PH) "Don't cherish exaggerated ideas of yourself or of your importance, but try to have a sane estimate of your capabilities."

- False saying: You can become _____ you want to be.
- Humility is not _____ your strengths.
- Humility is being honest about your _____.

Galatians 6:4 (NIV) "Each man should test his own actions. Then he can take pride in himself without comparing himself to somebody else.

- Third Base Class 301 will help you discover your S _____
- Two reasons you should never compare:
 1. D _____
 2. Full of _____

3. I S _____ OTHERS UNSELFISHLY.

Philippians 2:3-5 (NIV) "Do nothing out of selfish ambition or vain conceit, but in humility, consider others better than yourselves... Look not only to your own interests, but also the interests of others. Your attitude should be the same as that of Jesus Christ."

- The antidote to depression is a _____.
- Serving on a board, equipping leaders, caring for the sick, teaching the next generation, helping the helpless, forming small groups, joining the Stephen Ministry, responding to needs, delivering the oppressed, encouraging the discouraged, will give you a helper's high.
- Humility is not thinking _____ of yourself.... But is thinking _____ about others.

CONCLUSION: MAKE YOUR DECLARATION OF D _____.

Psalms 10:4 (NCV) "Wicked people are proud. They do not look for God; there is no room for God in their thoughts."

- Pride can keep you _____.

Ephesians 2:8-9 (NIV) "For it is by grace you have been saved through faith and this is not from yourselves, it is a gift of God – not by works, so that no one can boast."